

Frico - Italian Potato and Cheese Hash brown

Ingredients

16oz or 4 Potatoes16oz Montasio cheese or another semi-soft cheese such as Asiago Olive Oil, Salt, Pepper

Serves: 4 portions

Suggested Wine Pairing: Vigna Petrussa | Friulano White Wine

Preparation

- 1. Peel and cube the potatoes and boil them until fork tender. Drain and mash well or press through a ricer. While the potatoes cook, grate the cheese (choose Montasio for the most authentic Friulian taste) and set aside.
- 3. In a pot over medium heat, cook the mashed potatoes, stirring frequently. Once hot, add the grated cheese and continue cooking and stirring until the cheese is melted and it has become a smooth mixture, roughly 20 minutes. Taste and season with salt and pepper.
- 4. In a nonstick skillet, heat a thin layer of olive oil. Once hot, transfer the potato and cheese mixture, creating a single even layer covering the entire bottom of the skillet, pressing to compact well. Cook well, without stirring, until the bottom browns and is crispy.
- 5. Gently flip the Frico and let the other side brown in a similar fashion. Remove from the skillet, cut into slices and enjoy hot!

Frico is a traditional appetizer or starter from the Northeastern corner of Italy known as Friuli Venezia Giulia. Created using potatoes and cheese as a base, it is variable, customizable, and never the same twice. Part of its beauty is its versatility: some sauté onions to add with the potato and cheese mixture, others use different cheeses, some use more cheese, or more potato. So, go ahead and experiment: find your own balance to make this recipe truly your own!





